



**Friday 23 February**

Dear Parent,

### **Arrangements for Ramadan**

As Ramadan approaches, we would like to provide you with information about our school arrangements regarding children fasting in school time.

At Clapton Girls' Academy, we support students fasting and aim to provide a supportive and safe environment in which they can fast. The potential date for Ramadan to begin this year is Monday 11th March (plus or minus a day dependent on the moon). Although there are many benefits of fasting, we are conscious that students who decide to fast may need support to manage this safely and effectively. Students are expected to attend and be on time as usual during Ramadan and to participate in learning as fully as they are able. If your child has a medical condition that would be complicated by fasting, please do consider whether it is appropriate for them to fast in school.

The following measures will be in place to support students that are fasting:

#### **General arrangements**

- Staff will keep movement in lessons to a minimum, especially in PE, being mindful that students may be fasting and therefore low in energy.
- If a student becomes unwell because of fasting, the academy will follow the usual procedures for treating students who are unwell which will include contacting parents.
- Classroom teachers will make allowances for students who are finding fasting difficult.

#### **Lunch arrangements**

- Students who do not wish to spend their lunch break in the Dining Pavilion can use the outdoor Green Space, and the prayer room, and will be given priority over the use of the LRC.
- Students that are fasting, who receive free school meals, may collect a packed lunch from the Dining Pavilion to take home to eat when they break their fast.

#### **Prayer room arrangements**

- Zuhr is predicted to be at approximately 12pm this year and the prayer room will be open to students during their lunchtime (from 12.20pm) to facilitate prayer.
- Due to limited space and staffing, students must have a pass to use the prayer room. If you would like to request a prayer room pass for your child, please sign up [please click here and complete this form.](#)



# Clapton Girls' Academy

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Ms Anna Feltham: Headteacher

## Eid-ul-Fitr

- The likely date for Eid-ul-Fitr falls on 10<sup>th</sup> April (plus or minus 1 day) which falls within half term, therefore a system for requesting absence will not be needed this year.

We will be using assemblies week beginning Monday 11 March to share information with all students about the importance of Ramadan.

**If you would like to discuss anything in relation to this letter, please email [cga@clapton.hackney.sch.uk](mailto:cga@clapton.hackney.sch.uk) putting 'Ramadan' in the subject header.**

Kind regards,

**Colin Gall**  
**Assistant Headteacher**