

# MY PHONE



METROPOLITAN  
POLICE

## KEEPING YOU AND YOUR PHONE SAFE

**Getting a phone is really exciting. You can stay in touch with friends and find out more about the world.**

As police officers, our job is to keep you safe and stop people who want to steal property like phones, cash, earphones and even expensive coats or trainers.

You can help us do that by being careful where you use your phone and taking care of cash and other valuable items.

## 5 TIPS TO KEEP SAFE

- **Keep your phone and valuables out of sight and in a safe place. Take care when you take them out especially near bus stops and train stations.**
- **Stay alert and remember earphones/headphones can distract you from being aware of someone approaching from behind you. Thieves can approach on mopeds, e-scooters and pedal cycles.**

**Don't fight back, it's not worth the risk when a phone can be replaced.**

- **Tell us if someone robs you or tries to. It's important you get help straight away by dialling **999** using a friend or trusted adult's phone rather than contacting police when you get home. This gives us the best chance to catch the suspects, recover stolen items and make sure you're safe.**

- **If you don't want to talk to police – contact Fearless online, without giving your name, at [www.fearless.org](http://www.fearless.org)**
- **Memorise or keep a note of a parent/carer's phone number in a separate place in case of emergency.**

**YOU CAN HELP  
US PROTECT AND  
TRACK YOUR PHONE  
IF IT'S STOLEN.**

### **HERE'S 3 THINGS YOU CAN DO:**

- **Your phone will have security features such as a passcode or fingerprint/face ID. Make sure you use it to protect access to your phone.**

- **Tracker apps can help locate your phone if it's lost or stolen. Ask a parent to show you how to set one up.**
- **Record the phone's IMEI number in a separate place at home. Find this by typing in **\*#06#**. You'll need to give this number to police if it's stolen.**

**For more information go to [www.fearless.org/campaigns/robbery](http://www.fearless.org/campaigns/robbery)**