



Clapton Girls'  
Academy

Est. 1906



# Welcome

to our new students



Name:

Primary School:

This booklet will help you to prepare for your start at Clapton Girls' Academy in September 2023 and should be read before completing the Year 7 Transition Workbook.

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# Message from Ms Feltham

Dear Year 6s,

Welcome to Clapton Girls' Academy! I look forward to meeting you all soon and hearing all about your achievements and successes in Year 7. I hope you make good use of this booklet to help prepare you for making an outstanding start with us.

*Ms Feltham*

**Headteacher**



# Important staff for Year 7



## MS CHAMBERS

Hello new Year 7s! The student ambassadors have been working so hard on this information booklet for you, and I hope you can see what fantastic opportunities they've had this year, and how easily they settled in to Clapton Girls'. We are all looking forward to getting to know you, and I hope this booklet answers some of your questions.

*Year 7 Head of Year / Teacher of PE*



## MS TAYLOR

Wishing you all a warm welcome to year 7. We are looking forward to you joining us for an amazing year ahead full of new experiences. I am here, alongside the rest of the Year 7 team, to answer any questions you may have and support you to ensure you make the best possible start at CGA.

*Year 7 Engagement Support Assistant*



## MS JAYAPAL

Hello and welcome to Clapton Girls' Academy. My name is Ms Jayapal. I will be supporting you with the transition to Year 7 by offering mentoring sessions. I look forward to meeting you all!

*Engagement Intervention Lead*

# Year 7 ambassadors

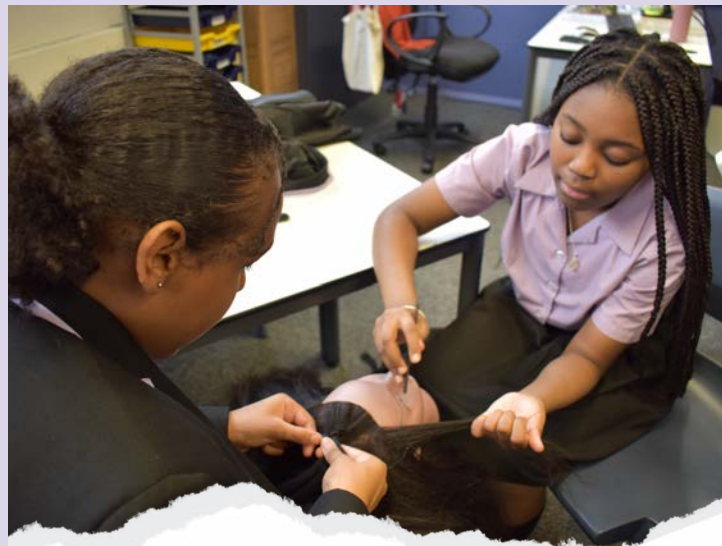
Our ambassadors are here to help and mentor you during your first term at Clapton Girls' Academy. They are in Year 7 now and will be in Year 8 when you start your CGA journey.



# Life in Year 7



*Focus Day Docklands Trip*



*Black History Month*



*International Evening*



*Clubs*



*Careers Fair*



For more of an insight into life at CGA have a look at our school newsletter - CGA News!

[www.claptongirlsacademy.com/cga-news-updates](http://www.claptongirlsacademy.com/cga-news-updates)



*Save the Children Bake Sale*



*School Council*



*Christmas Dinner*



*International Womens' Day*



*Culture & Identity Day*



# A day in the life of a Year 7

## Example Timetable

08.00	Breakfast Club
08.40	Registration
09.00	PE
10.00	Technology
11.00	Break time
11.20	Languages
12.20	Lunch
12.50	Maths
13.50	History
14.50	End of formal day
15.00	Tennis Club

My name is Erica and I am a Year 7 student at Clapton Girls' Academy. I am in 7C. I really like my form tutor; she is very kind.

I usually arrive at school at 8.00am so that I can go to the LRC (Learning Resources Centre) to finish off my homework or go to the Breakfast Club. Today, my first lesson was English, we were learning about similies and metaphors.

After English, we had Technology. This is my favourite subject because I get to do exciting things like making sushi, chocolate boxes, dice, and gadgets.

At break time, I go to my locker and sort out my books ready for the next lesson. I have a snack, a drink of water, and a chat with my friends before we set off for Languages.

In Languages, we are learning Spanish and today I got achievement points for doing excellent





# Watch 'A day in the life' of a Year 7 student video on our website:

[www.clapton.hackney.sch.uk/parents/new-students/welcome-year-6/](http://www.clapton.hackney.sch.uk/parents/new-students/welcome-year-6/)

work! I was very pleased with myself and my dad will be happy when I show him tonight.

I have school dinners. What I like about school dinners is the choice of food available. Today, I had vegetable pasta bake. I try to make sure that I get my five portions of fruit and vegetables every day!

After lunch, we had Maths and I was a little bit disappointed because I only got 6/10 in my test. But my teacher explained where I went wrong so next time we have a test I know that I will get 10/10!

Our last lesson of the day was History, and we finished our unit of work on the Peasants' Revolt.

School finishes at 2.50pm. Every evening there are lots of clubs to choose from after school. I go to Science and Tennis Club.

Since coming to Clapton Girls' Academy, I have made lots of new friends and I have learnt so many new things. I am really looking forward to going on the end of year reward trip with everyone in my year!



# Your timetable

On the next page, there is an example of a Year 7 timetable. You will use your student planner to write down your homework and to keep track of whether it is week 1 or week 2, as your timetable will be slightly different in week 1 and week 2.

Your classrooms are all numbered. There is a letter and number. The letter is the first letter of the building's name that you are in.

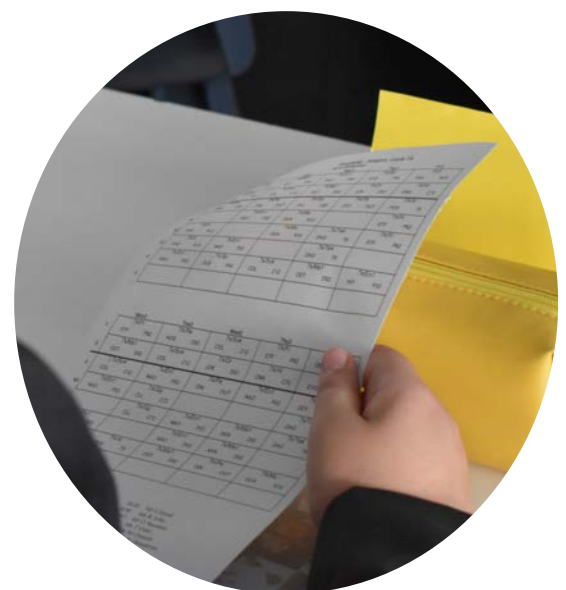
For example: P73 can be found in the Pankhurst building.

If the number is 1-49 it is on the ground floor; 50-99 first floor; 100+ second floor.



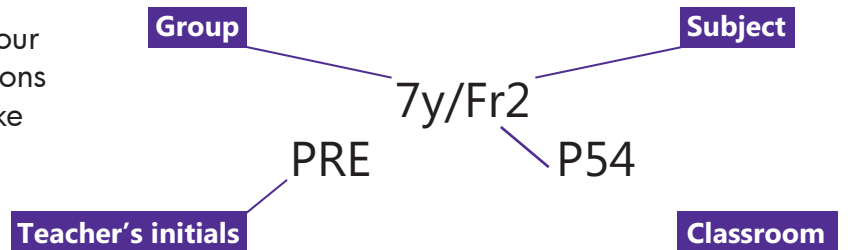
**Have a look at the example timetable on the next page and see whether you can use it to answer the following questions:**

1. How many lessons will you have in a week?
2. How many Maths lessons will you have each week?
3. Which lessons will you have only once a week?
5. In which room does this student have their English lesson?
6. Which subject is taught in C56?
7. Which subject will this student be studying during lesson 2 on Thursday, week 1?
8. Which subject will this student be studying during lesson 5 on Friday, week 2?
9. What is the last lesson of week 1?
10. Imagine that this is your timetable. Which days would you most enjoy and why?



# Example timetable

You will keep a copy of your timetable in your school planner so that you know which lessons you have each day, where those lessons take place, and which teacher will be teaching you. This is how it will look:



## WEEK 1 TIMETABLE

	Mon1	Tue1	Wed1	Thur1	Fri1
1	7NP/Pe WOK OUT	7N/It ZIS N14	7N/Ar SLS R13	7N/Mu WIA R10	7N/Pe KEL SH
2	7y/Ma1 WEA D52	7y/Fr2 PRE P54	7y/Sp2 PRE P54	7NH/Re THL C60	7y/En1 CAJ P03
3	7y/En1 PIJ P03	7y/Sc2 PEM C10	7NH/Gg PER C56	7y/Sc2 PEM C10	7N/Dr SHN DS1
4A	7y/Te3 NOZ T2	LUNCH	7y/En1 PIJ P03	LUNCH	7y/Ma1 WEA D52
4B	7y/Te3 NOZ T2	7NH/Re THL C60	LUNCH	7y/Sp2 PRE P54	LUNCH
4C	LUNCH	7NH/Re THL C60	7y/En1 PIJ P03	7y/Sp2 PRE P54	7y/Ma1 WEA D52
5	7y/Sc2 PEM C10	7y/En1 PIJ P03	7NH/Hi ZWY C59	7y/En1 CAJ P03	7y/Sc2 PEM C10

Subject	
Ma	Maths
Pe	PE
Te	Technology
Sc	Science
It	ICT
Fr	French
Re	RE
En	English
Ar	Art
Sp	Spanish
Gg	Geography
Hi	History
Tp	Tutor Period (PSHCE)
Mu	Music

## WEEK 2 TIMETABLE

	Mon2	Tue2	Wed2	Thur2	Fri2
1	7NP/Pe WOK OUT	7N/It ZIS N14	7y/Ma1 WEA D52	7y/Ma1 WEA D52	7y/Tp WHE P03
2	7NH/Hi ZWY C59	7y/Ma1 WEA D52	7y/Fr2 PRE P54	7y/Sc2 PEM C10	7y/Te3 NOZ T2
3	7y/Te3 NOZ T2	7N/Ar SLS T1	7NH/Hi ZWY C59	7N/Mu WIA R13	7N/Dr SHN DS1
4A	7y/Fr2 PRE P54	LUNCH	LUNCH	7y/En1 CAJ P03	7y/Ma1 WEA D52
4B	LUNCH	7NH/Gg PER C56	7y/En1 PIJ P51	LUNCH	LUNCH
4C	7y/Fr2 PRE P54	7NH/Gg PER C56	7y/En1 PIJ P51	7y/En1 CAJ P03	7y/Ma1 WEA D52
5	7NH/Gg PER C56	7y/En1 CAJ P03	7y/Te3 NOZ T2	7N/Pe WHS SH	7y/Fr2 PRE P54

Building	
P	Pankhurst
T	Tereshkova
C	Curie
N	Nightingale
D	Above Dining Pavilion
R	Rosa Parks
SH	Sports Hall
OUT	MUGA (Multi Use Games Area)
STU	Dance Studio

# Frequently Asked Questions

*Clapton is a very big school compared to my primary school. What will happen if I get lost?*

The best thing to do is ask a teacher or an older student to kindly direct or take you to your next lesson if you are lost. If you find that there is no one around, knock on the door of the nearest class room and ask for some help. Alternatively, make your way to Student Reception and they will help you.

Clapton is a big school with many students so we have three different lunch times to make sure that all students have time to eat. We have 4A which is at 12:20, 4B at 12:50 and 4C at 1:20. What lunch you will have depends on your timetable. More information and a breakdown of the student timetable can be found in this booklet.

*Why are there 3 different lunch times during the school day?*



# Students

The older years are always excited to meet the new year 7.

One of our values here at CGA is compassion, so we encourage all students to be caring and kind to each other. We also have a zero tolerance policy on bullying or any other type of negative behaviour. If you do feel worried about anything, you can let your Form Tutor, Engagement Support Assistant or Head of Year know and they will be happy to help you.

*I'm a bit worried about being in the youngest year group at school. I am scared that the older girls will bully me. Will this happen?*

*What should I do if I lose my belongings?*

Retrace your steps, visiting all the classrooms and places you spent time in during that day or maybe even the day before. If after this you cannot find your belongings, go to lost property in Student Reception.



# Lunch Menu

## Week 1 menu

THIS WEEK'S Eats <small>Week One</small>		FOOD UNION <small>BY CHARTWELLS</small>	
	option one	option two	
			Salad      Other
	<b>MON</b> Caribbean chickpea coconut curry Served with Rice and vegetables	Sloppy joes vegan burger Served with Baked garlic and herb wedges	SALAD BAR  Jacket potatoes cheese/bean
	<b>TUE</b> Crispy chicken wrap Served with wedges	Vegetable Chilli Served with wholegrain rice and peas	GREEK SALAD  Freshly Baked pastry
	<b>WED</b> Mexican beef chilli Served with rice	Chinese Vegetable noodles Served with Green beans	TUNA PASTA AND SWEETCORN SALAD  Panini's
	<b>THUR</b> Beef Burger Served with Vegetables and salad	Vegan Burger Served with Vegetables and Salad	
	<b>FRI</b> Paprika seasoned chicken Served with Chipotle potatoes and Veg	Cheese and Onion puff Served with tomato sauce and potatoes	

## Week 2 menu

THIS WEEK'S Eats <small>Week Two</small>		FOOD UNION <small>BY CHARTWELLS</small>	
	option one	option two	
			Salad      Other
	<b>MON</b> Veggie Cottage Pie Served with Vegetables	Mexican Vegan Chilli loaded wedges Served with Slaw	Creek Feta Salad  Jackets with cheese/Beans
	<b>TUE</b> Teriyaki Chicken Served with Pineapple rice, Crunchy slaw	Roasted Cauliflower and Chickpea korma Served with rice and sweetcorn	Freshly Baked pastries
	<b>WED</b> Beef burger Served with potatoes and salad	Veggie Burger Served with Potatoes with Vegetables	Tuna Mayo & Peppers Pasta Salad  Panini's Pasta & tomato sauce
	<b>THUR</b> Sweet chilli chicken noodles Served with Salad	Veggie Chilli Served Wholegrain Rice	
	<b>FRI</b> Chicken Goujons Served with Seasoned Potatoes and Vegetables	Cheese and Onion Puff Served with Tomato Sauce , Potatoes and Veg	

# Menu Prices

## Price List

Dish	New Price Sept 2023
Student Meal	£2.85
Adult Main Deal	£4.08
Margherita Pizza	£2.85
Panini	£2.85
Pies & Pasties	£2.85
Pasta & Pizza	£2.85
Jacket	£2.85
Salads	£2.85
Love Joes	£2.85
Sandwich	£2.85
Radnor 200ml	£1.00
Radnor water	£1.20
OMJ	£1.85
Suso	£1.85
Radnor Cans Still 330ml	£1.85
jelly Squeeze	£1.20
fruit	£0.90
digestive biscuits choc	£0.85
Digestive	£0.85
Shortbread	£0.85
gingerbread Men	£0.95
Pop Chips	£1.35
Popcorn	£1.50
mini cheddars	£1.50
Flapjack	£1.10
Hippeas	£1.65
Go ahead	£1.50
Rice Cake	£1.45
Twister	£1.90
Urban Fruits	£1.35
Mango Crisps	£1.35



# Academy uniform

Academy lavender shirt

Academy blazer

Academy V-neck jumper, with or without sleeves (optional)

Plain black trousers or skirt

Black shoes, without any decoration

Academy headscarf or plain black headscarf (if worn)

A plain black shalwar kameez or abaya (if worn).

Knee length black skirt or

Ankle length black skirt

Minimal jewellery

Plain black socks

Black ankle socks or tights







White PE polo shirt

Academy purple PE hoodie

Plain black sports leggings/tracksuit bottoms/  
PE skirt or shorts

White socks

White sports trainers

Roll-on deodorant

**You will find a complete uniform list in your New Families Handbook.**

# Extra-curricular activities

Here at CGA, there are loads of exciting clubs and activities for you to get involved in, before and after school! Some clubs, like Homework Club, will be just for Year 7s, but other clubs are for Years 7, 8, and 9 or for all year groups, giving you the chance to make friends not just with other Year 7s but with students from across the whole school! All clubs are free of charge and you get reward points for attending clubs.



## TENNIS

*"Tennis club is really fun. You play games and improve your skills."*

## BASKETBALL

*"I enjoyed basketball club as it helped me to work in a team and made me confident."*

## ROWING

*"Rowing club is a fun, energetic club that builds your fitness. You also get to socialise with new people."*



Year 7 students are expected to attend at least 1 extra-curricular activity every week, for 6 consecutive weeks.

### NETBALL

*"Netball is a very team-based sport. You build up your confidence, skills and fitness."*



### CLAY

*"Clay club is a fun and relaxing club where you learn to make and create sculptures with clay."*



### STEP INTO DANCE

*"Step Into Dance is a great way to exercise and make new friends."*

### KNITTING

*"Knitting is not just for grannies! I never knew how to knit and now I'm an expert."*



**Laura Place: morning entrance**



**Nightingale**

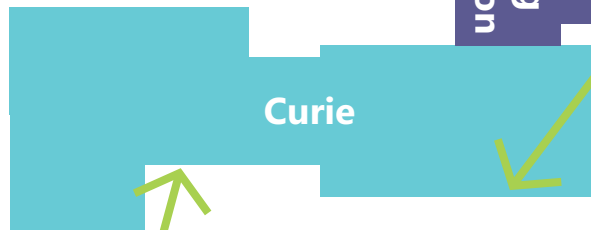


**Pankhurst**



**Dining Pavilion**

**Tereshkova**



**Curie**



**Almack Road: end of day exit**



**Multi Use Games Area (MUGA)**

**Rosa Parks**



# The academy site

## Nightingale

Student Reception  
Additional Learning  
Business & Computing  
Social Science

## Pankhurst

Main Reception  
English  
Languages

## Above the Dining Pavilion

Maths

## Curie

Science  
History  
Geography  
RE

## Rosa Parks

PE  
Music  
Drama

## Tereshkova

Art  
Design & Technology



# The women behind the buildings



## Nightingale

Florence Nightingale, (12 May 1820 – 13 August 1910) was a celebrated English social reformer and statistician, and the founder of modern nursing.

Nightingale laid the foundation of professional nursing with the establishment of her nursing school at St Thomas' Hospital in London. It was the first secular nursing school in the world, now part of King's College London. Her social reforms include improving healthcare for all sections of British society, advocating better hunger relief in India, helping to abolish prostitution laws that were over-harsh to women, and expanding the acceptable forms of female participation in the workforce.



## Pankhurst

Emmeline Pankhurst, (15 July 1858 – 14 June 1928) was a British political activist and leader of the British suffragette movement who helped women win the right to vote.

Pankhurst is named as one of the 100 Most Important People of the 20th Century: "she shaped an idea of women for our time; she shook society into a new pattern from which there could be no going back." Her work is recognised as a crucial element in achieving women's suffrage in Britain. Pankhurst was introduced at the age of 14 to the women's suffrage movement and founded the Women's Social and Political Union (WSPU), an all-women suffrage advocacy organisation dedicated to "deeds, not words."



## Curie

Marie Curie, (7 November 1867 – 4 July 1934), was a Polish-French physicist and chemist who conducted pioneering research on radioactivity.

She was the first woman to win a Nobel Prize, the first person to win twice and the first woman to win twice in multiple categories. Her achievements include the discovery of the theory of radioactivity, the discovery of radium and polonium, and the discovery of two new elements, polonium and radium.



ember 1867 – 4 July  
and naturalised-  
chemist who  
g research on

man to win a Nobel  
and only woman  
only person to  
sciences. Her  
ed the development  
activity, techniques  
tive isotopes, and  
elements, polonium

### Rosa Parks

Rosa Parks, (February 4, 1913 – October 24, 2005) was an African American civil rights activist, whom the United States Congress called “the first lady of civil rights” and “the mother of the freedom movement”.

On December 1, 1955, in Montgomery, Alabama, Parks refused to obey bus driver James F. Blake’s order to give up her seat in the coloured section to a white passenger, after the white section was filled. Parks’ act of defiance and the Montgomery Bus Boycott became important symbols of the modern Civil Rights Movement. She became an international icon of resistance to racial segregation.

### Tereshkova

Valentina Tereshkova, (born 6 March 1937) is a retired Russian cosmonaut and politician. She is the first woman to have flown in space and completed 48 orbits of the Earth in her three days in space.

After the dissolution of the first group of female cosmonauts in 1969, she became a prominent member of the Communist Party of the Soviet Union, holding various political offices.

In 2013, she offered to go on a one-way trip to Mars if the opportunity arose, and at the opening ceremony of the 2014 Winter Olympics, she was a carrier of the Olympic flag.

# How do I get to school?

It is important to find out how you will make the journey to Clapton Girls' Academy every day and how long it will take you. It is a good idea to do a practice journey during the summer holidays at the time you will go to Clapton Girls' Academy in the morning.

I will get to Clapton Girls' Academy...

On foot

By bus

By car

By train

It will take me \_\_\_\_\_ minutes.

Will you be with a friend? \_\_\_\_\_

*If you travel by bus...*

Where is the bus stop?  
What number bus do you get?  
Do you have your Oyster card?

*If you travel by train...*

What time is the train to school?  
Do you have a train timetable?  
How much is your fare?

Clapton Girls' Academy starts at \_\_\_\_\_ am every day.

Clapton Girls' Academy ends at \_\_\_\_\_ pm.

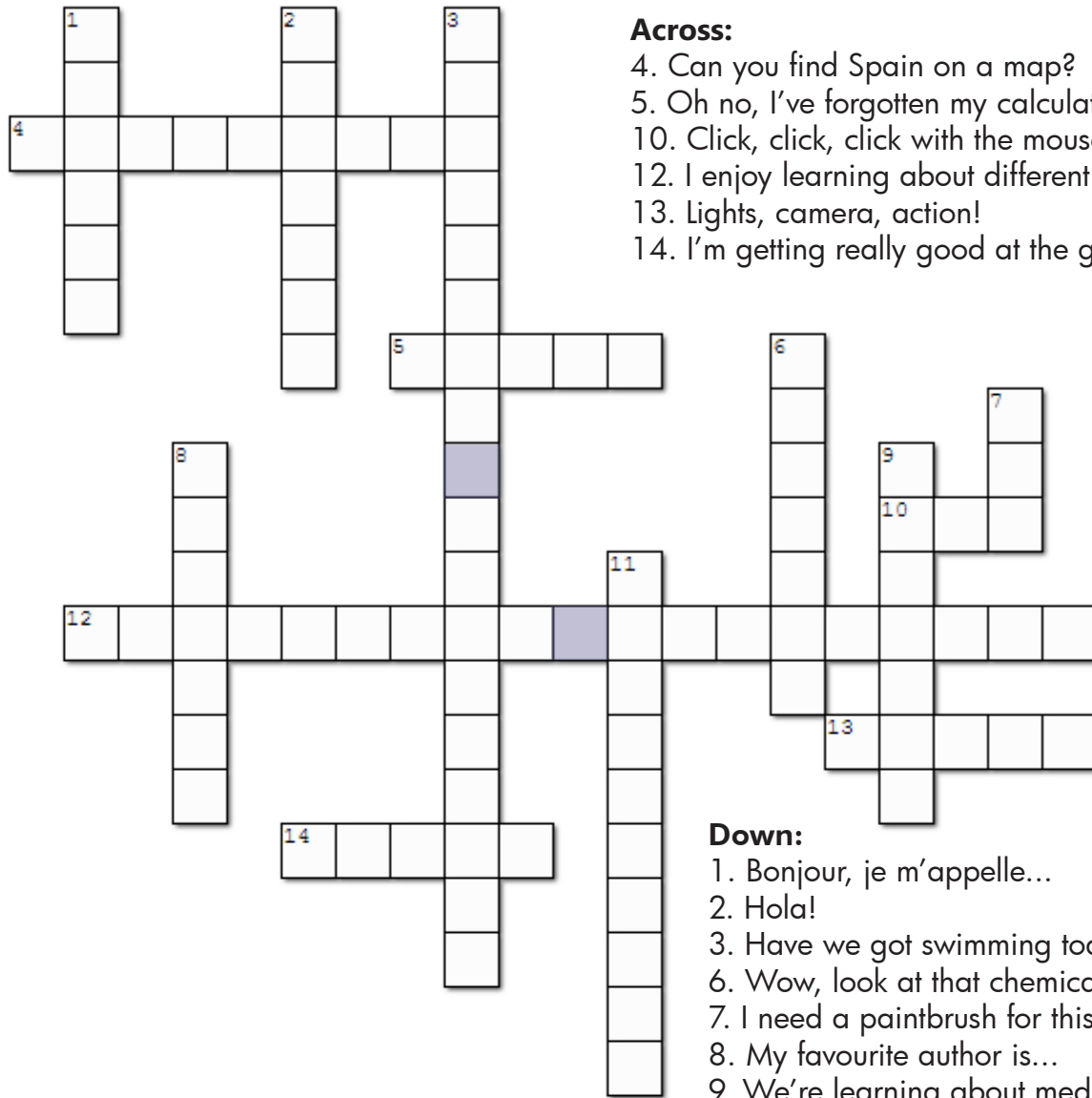
Remember, it's healthier and better for the environment to walk to school if you can!





# Crossword

Can you complete this crossword? The answers to the clues are all subjects that you will study in Year 7.



**Across:**

- 4. Can you find Spain on a map?
- 5. Oh no, I've forgotten my calculator!
- 10. Click, click, click with the mouse
- 12. I enjoy learning about different religions.
- 13. Lights, camera, action!
- 14. I'm getting really good at the guitar!

**Down:**

- 1. Bonjour, je m'appelle...
- 2. Hola!
- 3. Have we got swimming today?
- 6. Wow, look at that chemical reaction!
- 7. I need a paintbrush for this lesson
- 8. My favourite author is...
- 9. We're learning about medieval life



# Best Year 6 Work

We have created an 'Arrive with a Dream' display from the best pieces of Year 6 work that our new Year 7s gave us last year. This display is in the entrance to the Nightingale Hall where we have most of our assemblies and events that parents can come to so it is seen by a lot of people all the time!

We want to change this display to show off the work that you have been doing in Year 6.

**We invite you to bring in a piece of your best work from Year 6 on your first day of school in September.**



# First Impressions

When I started at CGA I was really nervous but the staff made me feel like family. It is amazing here. Coming to CGA feels like my dreams have come true.

I've enjoyed getting to know my new classmates with all their different personalities! Coming to secondary school has been a rollercoaster ride but I love it here.

I enjoy CGA as all the older students are so nice. If you ever get lost there will be someone to guide you through the school. It's a great place to be.

Year 7 is amazing! It's wonderful to learn new things and join new clubs. I am always happy to wake up to another great day at CGA!

Don't forget to visit our dedicated Year 7 area on our website.



[www.claptongirlsacademy.com/theyear7space](http://www.claptongirlsacademy.com/theyear7space)



## follow us!

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